

There are times when we need to be forgiven and God forgives us. There are times when we need to forgive. God gives us the strength to forgive.

Is there something you wish to bring to God to ask forgiveness? Write or draw it in the sand.

Ask forgiveness. Then pass your hand through the sand, obliterating the words or images as a symbol of receiving God's forgiveness.

Is there something which you should forgive? Write or draw it in the sand. Ask God for the strength to forgive. Smooth the sand as a symbol of this.



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**Thank you!**

“For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.” John 3:16

God loves you!

Take a sweet and as you eat it say thank you to God for God’s love and all the good things he gives us.



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Spend some time looking at the map of Hartshorne and the globe.

Thank God for the love and compassion that Jesus showed. Ask God for you to know that love and compassion.

On one of the heart shapes write the name or initials of a person, place or situation where God's love is needed.

Ask God to help you show his love and compassion.



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Read Psalm 22

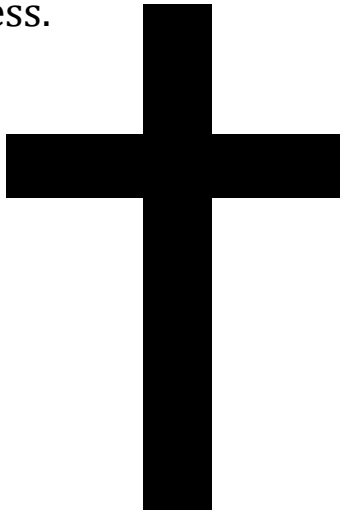
“My God, my God, why have you forsaken me?”

“He has not despised or disdained the suffering of the afflicted one;

He has not hidden his face from him but has listened to his cry for help.”

Take one of the black crosses and scratch out patterns, pictures or words.

As you do so, ask God to reveal his light shining into the darkness.



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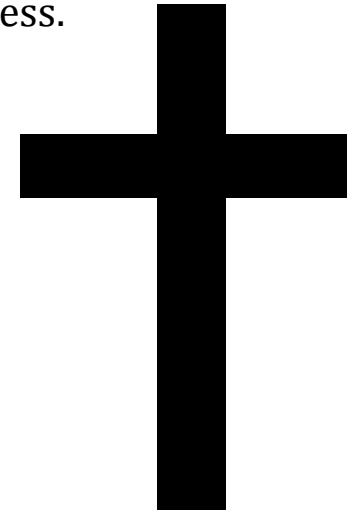
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Jesus said “whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water welling up to eternal life.” (John 4:14)

Pour a glass of water and as you do so watch and listen to the water flowing.

Spend some time looking at the water you have poured. Thank God for his refreshing Spirit.

Take a drink and ask God to fill you afresh.



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Lighting a candle is, in itself, a prayer. It acts as a sign of God's presence among us, a light in the dark. It shows our concern. It symbolises our commitment: the candle only produces its light by burning itself and shows the sacrificial nature of love. When joined by candles lit by others, they become a visible sign of our combined prayers.

Light a candle and place it on the cross.

Thank God for Jesus, for shining as a light for us.



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Reflect on all that Jesus did for us.



Your life was a journey  
from the moment you were born.  
From birth to death.  
From Bethlehem's stable  
to Calvary's cross.

How often we fail to understand  
that the conclusion of your journey  
was inevitable,  
that you understood this  
from the very beginning,  
yet walked the path  
that was yours to take.

By comparison  
the many choices we make  
in our life seem trivial,  
the twists and turns we choose  
are often on an impulse,  
with no clear comprehension of the outcome.

Thank you Jesus.  
Thank you that you loved humankind enough  
to make that journey,  
even as you felt that pain of rejection,  
the pain of the lashes,  
the pain of the nails,  
the pain of the cross.



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